

Saturday, 25th May, 2024r  
8 AM to 5 PM



The Clubhouse, Solitaire  
Corporate Park, Andheri

TIME	AGENDA IN	SPEAKERS
8:00-9:00 AM	REGISTRATION + BREAKFAST + NETWORKING	REGISTRATION + BREAKFAST + NETWORKING
9:00 - 9:30 AM	OPENING CEREMONY	DIYA LIGHTING CEREMONY
9:30 - 9:45 AM	KEYNOTE BY SPONSOR	KEYNOTE BY SAMARPAN DEADDICTION CENTRE
9:45-9:55	KEYNOTE BY SPONSOR	USE OF JIGSAW PUZZLE AS A TOOL FOR EARLY STAGE NEUROCOGNITIVE DISORDER
10:00- 10:45 AM	PANEL 1- BEYOND THE PILL: DEBUNKING MYTHS AND EXPLORING THE ESSENTIALS OF PSYCHIATRY	DR. WILONA (FOUNDER-CATALYSTS) DR. VATSAL SUCHAK (FOUNDER VATSAL SUCHA CLINIC) SAMINDARA SAMANT (FOUNDER- DISHA COUNSELING CENTRE) RUPA CHAUBAL (FOUNDER- AANTARLEEN MENTAL HEALTH CENTRE)
10:45- 11:00 AM	TEA BREAK AND DEMOS FROM SPONSORS	TEA BREAK AND DEMOS FROM SPONSORS
11:00- 11:45 PM	PANEL 2- LGBTQ+ MENTAL HEALTH: FOSTERING INCLUSIVE AND AFFIRMING PRACTICES.	RICHA VAISHISTA (SHE/THEY) (FOUNDER- LEHER MENTAL HEALTH) UMANG SHETH (HE/HIM)(FOUNDER- HUGGING CLUB OF INDIA) PALLARI GAJARAIA (SHE/THEY)(FOUNDER- PAKHRU COUNSELING) ARYAN SOMAIYA (HE/HIM), TRANSMAN (CO-FOUNDER-GUFTAGU COUNSELING)
11:45- 12:30 PM	PANEL 3- UNLOCKING OPPORTUNITIES: STRATEGIES FOR SECURING CORPORATE SPEAKING ENGAGEMENTS IN MENTAL HEALTH	DR TANUJA PREM, PH D, (FOUNDER- EDUCATION MATTERS) DEVENDRA NAIK (FOUNDER- NOMOBO) MOHIT SAHNI (FOUNDER- POWER 8 WELLNESS) ARUN NAIK (CONSULTANT & FACILITATOR)
12:30- 12:45 PM	DEMO DEMO	SPONSOR 1 SPONSOR 2
12:45 - 1:30 PM	PANEL 4- EMPOWERING PRACTICE: INSIGHTS FOR MENTAL HEALTH PROFESSIONALS ESTABLISHING PRIVATE PRACTICES	ADVOCATE APARAJITA CHANDRA ANITA CHINNARI FCA, PRACTICING CA (PARTNER- VENU & VINAY) ANURADHA PRABHUDESAI (CO FOUNDERS- DISHA COUNSELING CENTER) ASIRA CHIRMULEY (DIRECTOR- ATHA CENTRE)
1:30 - 2:15 PM	LUNCH + NETWORKING	LUNCH + NETWORKING
2:30 - 3:15 PM	PANEL 5- PAWS AND PLAY: UNLEASHING THE POWER OF ANIMAL-ASSISTED AND PLAY THERAPIES	GAYATRI AYYER (FOUNDER- PAWSITIVE SYNERGIES) JAAI BAPAT (PAWSITIVE SYNERGIES) NACHIKET DESHPANDE (FOUNDER- DOG AAT) THERAPY ANIMALS (DOGS) LIVE INTERACTION
3:15- 4:00 PM	PANEL 6- HARMONY OR DISSONANCE: NAVIGATING THE FUTURE OF AI + APPS AND THERAPY – CAN WE COEXIST?	DR AKSHAY S P (FOUNDER- CYDRA TECH) MISBA SHAH (DIRECTOR- ICHARS & MEETGOALS) TARUN PANDA (FOUNDER- THERASOFT INDIA) RAKSA RAJESH (SENIOR PSYCHOLOGIST AT MITSU CARE)
4:00 - 4:45 PM	PANEL 7- DIGITAL GROWTH STRATEGIES: LEVERAGING POWER OF SOCIAL MEDIA FOR PSYCHOLOGIST, THERAPISTS AND COUNSELORS' BUSINESS DEVELOPMENT	DR. PRITISHA SAXENA (7K+ FOLLOWERS ON INSTAGRAM) PURVI SHAH (6K+ FOLLOWERS ON INSTAGRAM) DIVYA SRIVASTAVA (12.8K FOLLOWERS ON INSTAGRAM, 18K ON LINKEDIN) RAKSA RAJESH (18K FOLLOWERS ON LINKEDIN)
4:45- 5:00 PM	CLOSING REMARKS	PRITHA SAHA DUTTA (FOUNDER- INDIAN MENTAL HEALTH SUMMIT, AND CHANGE CATALYST)
5:00- 5:15 PM	HIGH TEA + NETWORKING	HIGH TEA + NETWORKING
		PLEASE BE ADVISED THAT PANEL COMPOSITIONS AND TIMINGS ARE SUBJECT TO CHANGE BASED ON SPEAKER AVAILABILITY DUE TO UNFORESEEN CIRCUMSTANCES.