



SPONSORSHIP PROPOSAL

PREPARED BY

INDIAN MENTAL HEALTH SUMMIT

Fourth Edition

November, 2026

Mumbai

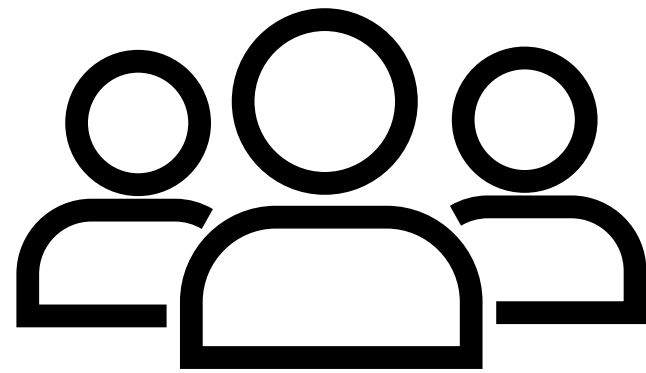
**PRITHA SAHA DUTTA- FOUNDER
RUCHIKA JAIN- CO-ORGANISER**

Email us at:

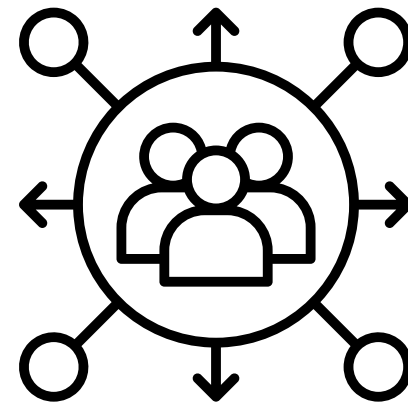
hello@indianmentalhealthsummit.org

www.indianmentalhealthsummit.org

HELLO FROM IMHS! WE'RE NURTURING A COMMUNITY VIA ACTIVE MENTAL HEALTH DIALOGUES



**Connecting 500+
professionals across India**



**5M impressions
804K accounts reached
across platforms**



**20+ Participating Institutes
(private and public)**



**Multiple press features
and Influencer Collabs**

**Rewiring the Brain:
Managing Modern
Addictions in
Children**

**Sex Ed Without
Shame: Challenges &
Roadmap for Schools,
Families & MHPs**

**When Joy Turns to
Panic: The Urgent
Need for Postpartum
Mental Health
Interventions**

**Unlicensed &
Unchecked: Why
Indian Mental Health
Needs Regulation
Now.**

**Future of Sports
Psychology: The
Highest-Income Field
in Psychology.**

**Exploring
Psychedelics:
Promising Advances
in Treatment-
Resistant Depression,
PTSD, SUD & End-
of-Life Anxiety.**



THE REASON?

INDIA'S MENTAL HEALTH ECOSYSTEM FACES CRITICAL GAPS

Now in its 4th edition, The Indian Mental Health Summit (IMHS) has become a trusted platform where numerous professionals and institutes gather to exchange expertise, discuss policy, and build community:

- Exclusively for psychologists, psychiatrists, counselors, educators, researchers, advocates, and students
- Building a collaborative and future-forward mental health community
- Amplifying voices of underrepresented practitioners
- To share grounded, India-specific insights and solutions
- Influencing policy, education, and public understanding of mental health
- Meant for Peer learning, updated research, cross-sector collaboration and community building.



**Dr Yaron Ziv, Psy.D in Clinical Psychology and a Ph.D in Education
engaging with curious minds at IMHS 3, November 2025**



SO, HERE'S WHAT WE'RE HERE FOR

Our Vision

To unite, empower, and provide impetus to mental health professionals across India through collaboration, education, and innovation.

Our Mission

Build India's largest network of mental health professionals.
Facilitate knowledge-sharing through events, discussions, and collaborations.
Advocate for mental health awareness and policy changes.
Provide opportunities for professionals to grow, network, and impact society.

Our Values

Authenticity, Integrity, Innovation, Excellence, Impact



AND HERE'S WHO IS MAKING IT HAPPEN



Pritha Saha Dutta
MA Counseling Psychology,
Advanced Training in RECBT, AEI, NY,
Founder- Indian Mental Health Summit |
Amor Vitae Foundation | Change Catalyst



Ruchika Jain
(Co-organizer)
MSc. Counseling Psychology
M.S Marriage & Family Therapy
Founder- Well Prism



Geetika Dubey
(Advisor/ Mentor)
MTech Biomedical Engineer, VIT-Vellore
Visiting Faculty IIP Indore, Miranda House



Khushboo Gupta Jain
(Advisor/ Mentor)
MA Psychology, PGD Counselling,
Gestalt Associate, MBA,
Ex-Citi, Ex- HSBC.



Adv Aparajita Chandra
(Advisor/ Mentor)
B.A, LL.B.
Senior Legal Professional



CA Anita Chinnari
(Advisor/ Mentor)
FCA - CA Partner- Venu & Vinay



Adv Sangeeta Pal
(Advisor/ Mentor)
B.A, LL.M
Senior IPR Attorney



Pranoy Dutta
Co-Founder- Indian Mental Health Summit | Amor
Vitae Foundation



BUT, WHY SPONSOR A MENTAL HEALTH SUMMIT?



Struggling to engage a high-intent, hard-to-reach audience?

IMHS offers access to a captive, emotionally invested mental health community that cares deeply about impact



Facing difficulties in building thought leadership in well-being?

IMHS offers opportunities to co-create content, lead panels, and share ideas with industry leaders



Need to connect with younger, values-driven generations?

Partner with IMHS to build long-term emotional equity with Gen Alpha, Gen Z and Millennials through authentic association



Risk appearing performative in sensitive spaces?

IMHS enables aligning your brand with a credible, safe, purpose-driven platform that builds trust



BEFORE IT WAS A SUMMIT, IT WAS A FEELING

*“Over 400 participants, 50+ panelists, and 30+ sponsors joined us at IMHS 3.0 in Mumbai. It goes without saying that **IMHS 4.0** will continue to serve its role as a vibrant, inclusive platform where professionals come together. At the heart of it all is a simple belief: that mental health professionals thrive **when they can connect, learn, and support one another.***

*Along the way, we’ve hosted meetups in **four cities**, run countless online and offline workshops, and partnered with organisations like **Maharashtra Dyslexia Association, Raptourus Minds, Therasoft, Serene Vybz, Marbles Health, and Aaji Care.***

*We’re truly grateful to our sponsors and collaborators as only **when brands choose to stand with us, they become part of not just a moment, but a lasting, meaningful movement.***”

- Pritha Saha Dutta, Founder



IMHS 3.0, November 2025
The Beatle Hotel, Powai



IMHS 2.0, November 2024
The Beatle Hotel, Powai



IMHS 1.0, May 2024
Solitaire Corporate Park, Andheri East



Mumbai Meetup, Sep 2024
Baldota Bhavan, Churchgate



Mumbai Meetup, Feb 2024
Idhya Centre, Dadar



Mumbai, March 2024
Veer Savarkar Hall, Dadar



Bangalore Meetup, June 2025
The Coffee Brewery, Indiranagar



Mumbai Meetup, June 2025
Baldota Bhavan, Churchgate



Pune Meetup, June 2025
University Women's Association



Hyderabad Meetup, April 2025
Cohort Coworking, Kondapur



Mumbai Meetup, April 2025
Veer Savarkar Hall, Dadar



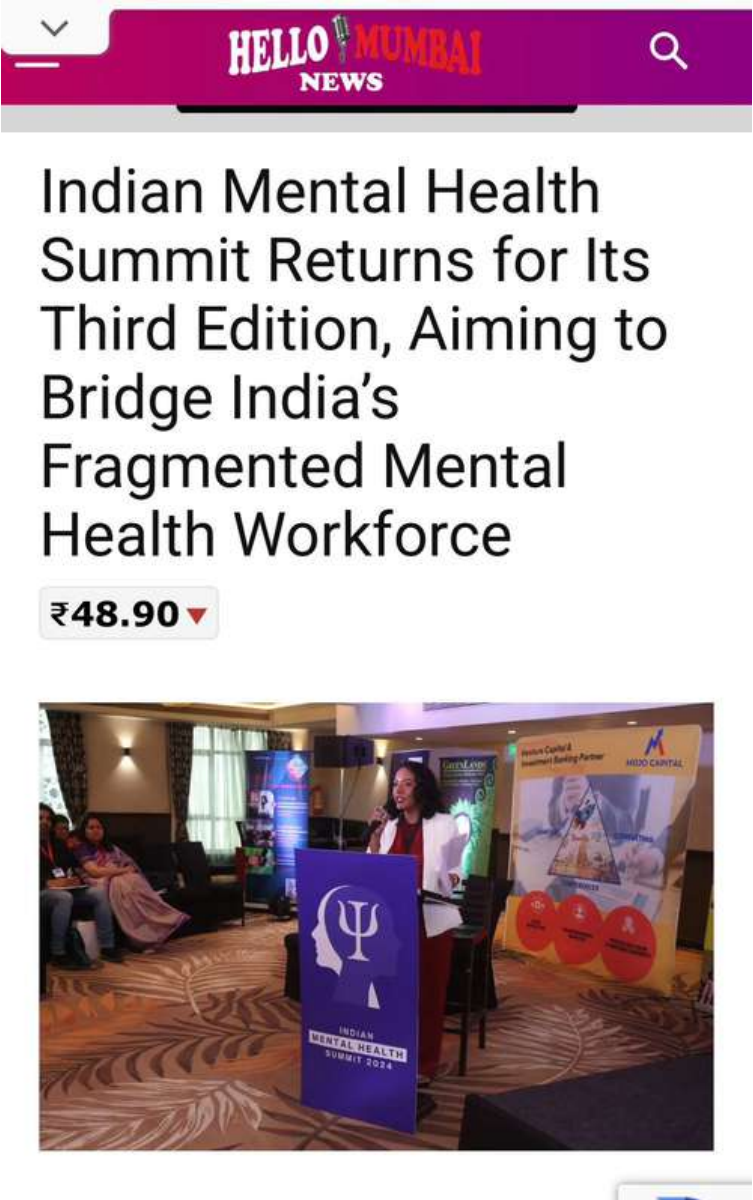
OUR WORK TIES BACK TO SOMETHING MUCH BIGGER

Associate with IMHS and put your beliefs into practice by addressing real, global agendas identified by the United Nations. Build trust with customers, employees, and partners and take back meaningful stories to share.





WHAT WE SPARK ON GROUND, ECHOES ONLINE



Hello Mumbai News



Hello Mumbai News



Hello Mumbai News, Nov 2024

WHAT WE SPARK ON GROUND, ECHOES ONLINE



Outlook News

Announcing the Inaugural Indian Mental Health Summit: Elevating Minds, Empowering Futures

Outlook News Team

1 year ago

Get ready to mark your calendars for a groundbreaking event set to revolutionize the landscape of mental health awareness and

Outlook News

India Pioneer

A Landmark Event: The Indian Mental Health Summit 2024

India Pioneer Team

1 year ago

The Indian Mental Health Summit 2024, spearheaded by Pritha Saha Dutta and team, concluded with remarkable success, establishing itself as a pivotal gathering for the mental health community. This event brought together professionals and enthusiasts dedicated to mental

India Pioneer, May 2024

Indian Mental Health Summit to be held on 16th November at The Beatle Hotel, Powai, Mumbai Mumbai

₹27.02

Indianmhsummit@gmail.com
www.indianmentalhealthsummit.org

The Beatle Hotel, Powai, Mumbai
16TH NOVEMBER, 2024
9:00 AM - 5:00 PM

India Pioneer, Nov 2024

News & Events

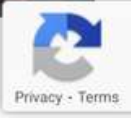
The Indian Mental Health Summit: A Resounding Success, Organised by renowned psychologists Pritha Saha Dutt, Purvi Shah, Jahnvi Agrawal, Bhakti Joshi & Farida Soni at Powai, Mumbai

₹27.62

Aleem Shaikh - November 20, 2024

Hello Mumbai City Desk

Hello Mumbai News, Nov 2024
INDIAN MENTAL HEALTH SUMMIT

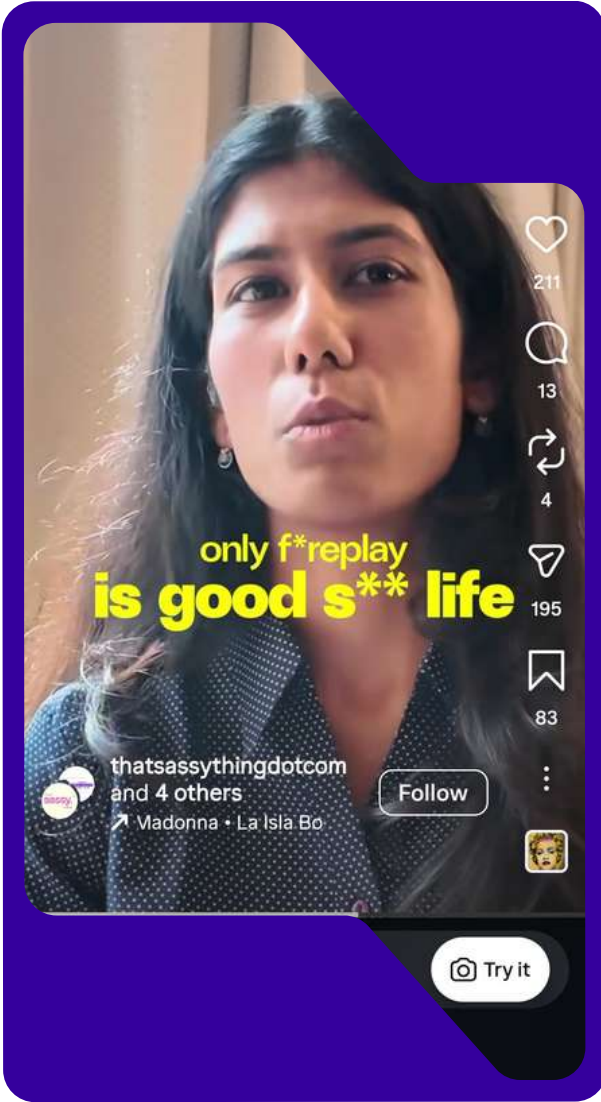




WHAT WE SPARK ON GROUND, ECHOES ONLINE



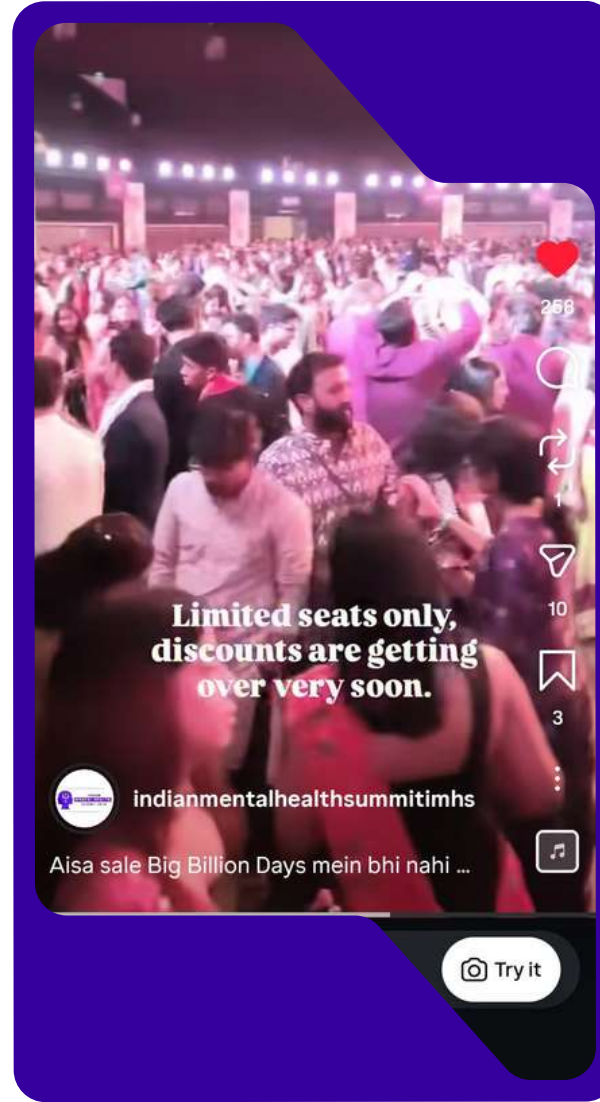
108 K Views



49.6K Views



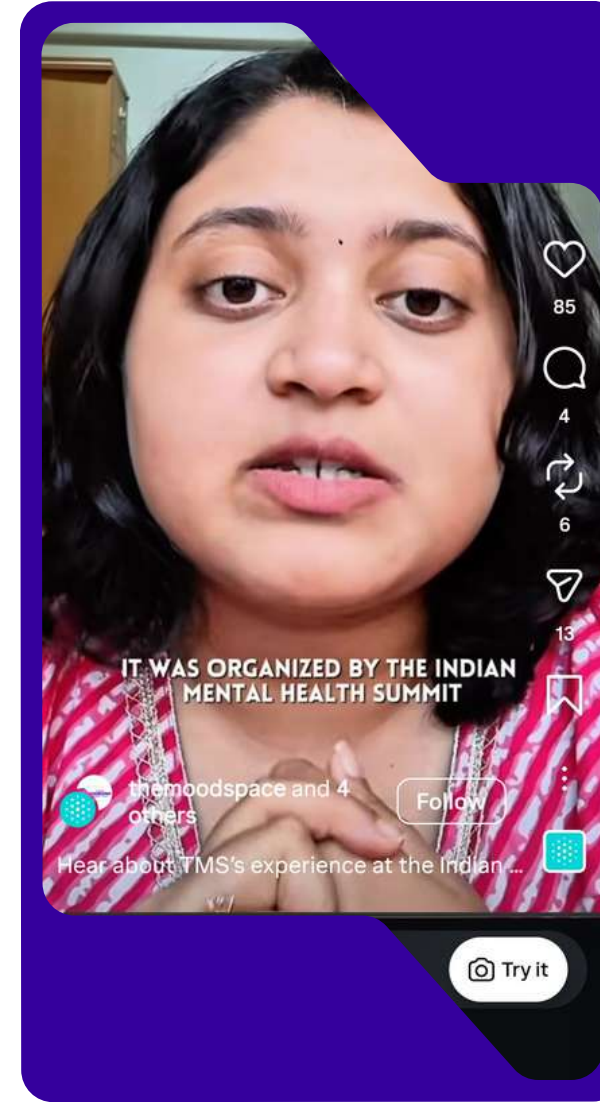
64.2K Views



54.5K Views



45.3K Views



11.9K Views

THANKS TO THE BRANDS THAT HELPED US GET HERE



Powered by



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Media Partners





AND THOSE WHO LED THE DIALOGUE



Mugdha Baware
Sports Psychologist
Founder MindSports



Varadayini Gorhe
Sports Psychologist
Treasurer INSPA
Founder MindFirst
Performance



Dr Devika Patil
Psychiatrist and Sports
Psychologist
Founder Swasthya
Mental Health Clinic



Masarrat Khan
Psychologist
CEO Maharashtra Dyslexia
Association



Dr Kersi Chavda
Psychiatrist



Sophia Peermohideen
Clinical Psychologist
Founder Mindwellness Clinic



Ramya Yellapragada
Founder & CEO of Marbles
Health,



Prasad Bhide
Founder & CEO of
Aaji Care



Sukkrit Goel
Founder & CEO of
Cannazo India



Dr. Yaron Ziv
Psy.D in Clinical
Psychology
Founder & CEO at Imagine-
Seminars Ltd.



**Himanshu
Bhalla**
Co-Founder That
Sassy Thing



**Aastha Khanna
Bhardwaj**
India's 1st Intimacy
Coordinator
Founder Intimacy Labs

MORE VOICES , DEEPER IMPACT



Puneet Pandey
MSc Artificial Intelligence
PG Diploma Machine Learning
& AI
Founder Life Hetu



Dr K Jayashankar Reddy
Dean, School of Social Sciences
Christ University



Mr. Tarun Panda
Founder - Therapy
Software Private Limited



Adv Aparajita Chandra
B.A, LL.B.
Senior Legal Professional



CA Anita Chinnari
FCA - CA
Partner- Venu & Vinay



**Prince Manvendra
Singh Gohil**
Prince of Rajpipla
MD- Co-founder of Search Ends
Inclusion Impact
Founder- Lakshya Trust



Dr Wilona Annunciation
MBBS, MD Psychiatry,
MBA,
Founder of Catalyst Clinic



**Dr. Priyanka
Thakral Mahajan**
MRCPsych (UK), DNB
Psychiatry
DPM, MBBS



Dr. Tanuja Prem
PhD (Counselling and
Psychotherapy),
B.Ed in Autism
Spectrum Disorders



Dr. Kaneenica Ninawe
PhD. Psychology
KEM Hospital, Masina
Hospital and a Yoga Centre.



**Anuradha
Prabhudesai**
Counseling
Psychology
Co-founder - Disha
Counseling Center



Arun Naik
PhD (Counselling and
Psychotherapy),
B.Ed in Autism Spectrum
Disorders

MORE VOICES , DEEPER IMPACT



Ms. Gayatri Ayer
MA Psychology
Play Therapy at University of
Central Missouri and Animal-
Assisted Therapy University of North
Texas
Founder - Pawsitive Synergies



Ms. Jaai Bapat
Counseling Psychologist
Co Founder - Pawsitive
Synergies



Mr. Nachiket Deshpande
MSC in Clinical and
Health psychology from
Bangor University, UK
Founder - DOGAAT



Dr. Vivek Belhekar
Ph.D. Associate Professor.
Personality Psychologist.
Conservation Psychologist (nature
& wildlife). Psychometrics. Data
Science (AI&ML). Text mining.
People Analytics.



Dr. Akshay S P, MBBS
Founder & CEO at Cydra Tech |
Partner and AI head at Xtransmatrix
| Organisational AI governance,
strategy & risk management | ISO AI
Management Systems Lead Auditor



Dr. Pratishtha Saxena
MBBS, DPM Psychiatry
Director & Chief Consultant-
Vijaya Clinic, Nagpur



Richa Vashista
Clinical Psychologist
Founder - Leher Mental Health



Raksha Rajesh
M.Phil - Clinical
Psychology



Aryan Somaiya
Psychotherapist
Co-founder - Guftagu
Counseling



Pooja Barwe
MA Clinical Psychology, PGD in
Forensic Science & related law
PGD in Forensic Psychology,
LLB



Mr. Umang Sheth
Activist
Founder - Hugging Club Of India



Rupert Sequeira
Tattoo Artist
Founder: White Lily
Tattoo Studio, Mumbai



Pallari Gajaria
Clinical Psychology
Founder - Pakhru
Counseling

EACH ONE ADDING CLARITY TO THE CONVERSATION



Martin Peters
COO-Samarpan,
Certified Substance
Abuse Therapist, CBT
Therapist, Specialist
Addiction Counselor
and Advanced Certified
Relapse Prevention
Specialist, UK



Obi Unaka
Director of
Residential
Services, Samarpan,
Psychotherapist,
Addictions
Therapist, Clinical
Supervisor and
Trainer, UK



Dr Sanjay Pandey
MBBS, MS, MCh
(Urology), DNB
(Urology), Head
Reconstructive
Urology & Gender
Reassignment Surgery,
Kokilaben Hospital



Anju Kish
LLB, Founder &
CEO, UnTaboo |
Sexuality Educator |
POCSO Certified |
TEDx Speaker | Built
India's 1st Gamified
Sex Ed Platform



Dr. Taru Jindal
MS (Obst. & Gyn),
Founder Vaginismus
Program, TEDx
Speaker, Author,
Lactation consultant,
Co-director
@powerfulyaan



Samindara Sawant
MA Clinical Psychology
Founder- Director Disha
Counseling Centre,
Mumbai
Author- Keep Going,



Dr. Malik Merchant
MBBS, DNB, DPM
Consulting Psychiatrist
at Prince Aly Khan
Hospital and Wockhardt
Hospital



Dr Sagar Mundada
MBBS, MD Psychiatrist,
De-Addiction Expert,
Sexologist, TEDx
Speaker



Dr. Armaan Pandey
MBBS, DPM, Founder of
Harmony Psychiatry
clinic, Schema therapist,
Sexuality Educator



Asira Chirmuley
Clinical Psychologist,
Founder of Atha,
Associate Fellow and Supervisor of
Rational Emotive and Cognitive Behavior
Therapy (RECBT) from Albert Ellis
Institute, CBT From Becks Institute and
ACT Practitioner



Dr Shyaam Mithiya
MBBS, DPM, MIPS,
Consultant
Neuropsychiatrist &
Sexologist



Dr Shefali Batra
MBBS, DPM, MD
(UCLS-USA),
Founder of Mind Frames,
Author of "Why Do I
Feel Sad"



AND MANY MORE VOICES SHARED THE MIC



Dr. Vatsal Suchak
MD, DNB Psychiatry
Founder- Dr. Vatsal Suchak's
Clinic



Dr. Pratishtha Saxena
MBBS, DPM Psychiatry
Director & Chief Consultant- Vijaya
Clinic, Nagpur



Sri Prabhav Paturi
MSc. Psychology, PGD
Diploma in CBT



Rupa Chaubal
Clinical and Counseling Psychologist
Founder - Antarleen Mental Health
President- Psychologist Collective



Janavi Doshi
Aff Von Humboldt
Foundation, Germany



Monit Sahni
Co-Founder - Power 8
Wellness



Adv Rahul Gautam
BA, LLB, MA (Pol Sc.)
MA (GL & LR)



Krupa Nishar
MSc Forensic Psychology
TEDx Speaker



Kajal Makwana
Counseling Psychologist
Founder- Giraffe Space



Neel Kanaujiya
Associated with Family
Planning Association of
India



Ms. Misba Shah
Clinical Psychologist
Director - ICHARS



Tanvi Mallya
Psychologist
Founder TMECS



Suchitra Inamdar
M.A Clinical Psychology
Founder: Ekavarta
Director- Apari



Divya Shirvastava
Counseling Psychologist
Founder - Silver Lining Wellness



Devendra Naik
Founder - NOMOBO



Geetika Dubey
MTech Biomedical Engineer, VIT-Vellore
Visiting Faculty IIP Indore, Miranda House, Founder- Rapturous Minds
INDIAN MENTAL HEALTH SUMMIT

WE'RE BUILDING THE PLATFORM, YOU CAN POWER IT FORWARD



PLATINUM	DIAMOND	GOLD	SILVER	BRONZE	COMMUNITY	SUPPORTER
• Title Partner Credit • Keynote Speaking Slot • 2 Premium Exhibition Stalls • Full Branding Integration • Featured across all digital campaigns, emails, and press mentions	• Co-Powered By Credit • Panel Chair Opportunity • 2 Exhibition Stalls • Premium Digital Visibility • Logo presence	• Speaking Slot • 1 Exhibition Stall • Banner Placement • Feature in mailers • Logo visibility across digital and print collaterals	• Presenting Partner (session/segment) • 1 Exhibition Stall • Logo on event collaterals • Social media mentions • Inclusion in website	• Logo on event collaterals • Social media shoutouts • Inclusion in website • On-ground branding opportunity (limited)	• Stall OR brochure distribution • Inclusion in campus/ community outreach • Logo on digital creatives • Mention in acknowledgments • Access to the IMHS Network	• Digital shoutouts • Brochure placement • Logo on website • Inclusion in acknowledgments
20 L	15 L	10 L	8 L	5 L	2 L	50 K - 1 L
Best suited for brands seeking maximum visibility, authority, and direct access to a high-intent mental health audience	Ideal for brands looking to combine visibility with strong professional positioning	Designed for brands focused on visibility, engagement, and meaningful connections	Strong entry point for brands seeking targeted exposure within the mental health ecosystem	Suitable for brands aiming for visibility and association with the IMHS community	Best for organizations looking to engage directly with students and emerging professionals	A simple way to gain visibility and support the mental health ecosystem

AT IMHS, SPONSORSHIP TIERS GO BEYOND JUST LOGOS



COME BE PART OF THE NEXT CHAPTER

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RUCHIKA JAIN, CO-ORGANISER: +91 8349606016

Email us at: hello@indianmentalhealthsummit.org

An Event by:



Organized By:

