



SPONSORSHIP PROPOSAL

PREPARED BY

INDIAN MENTAL HEALTH SUMMIT

Third Edition

22nd- 23rd November, 2025

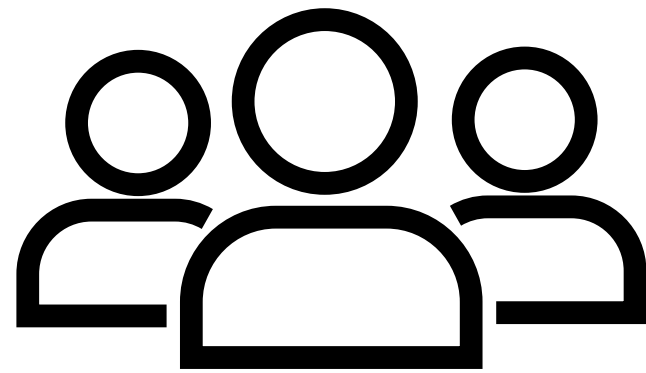
Mumbai

PRITHA SAHA DUTTA- FOUNDER
RUCHIKA JAIN- CO-ORGANISER

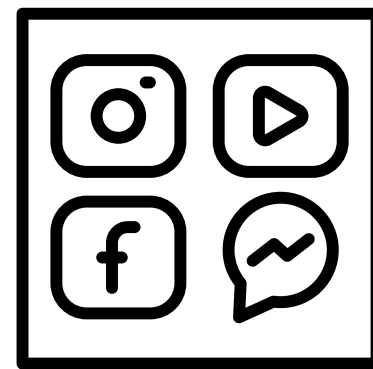
Email us at: indianmhsummit@gmail.com

www.indianmentalhealthsummit.org

HELLO FROM IMHS! WE'RE NURTURING A COMMUNITY VIA ACTIVE MENTAL HEALTH DIALOGUES



**Connecting 400+
professionals across India**



**2.2M impressions
12K followers
across platforms**



**20+ Participating Institutes
(private and public)**



**Multiple press features
Influencer Collabs**

**Innovation &
Integration in
Mental Health
Practice**

**Social Justice
& Mental
Health**

**Mental Health
Education in
India- Gaps in
Training and
Needs**

**Sexual
Wellness &
Mental Health**

**Future of
Sports
Psychology in
India**

**Promoting
Mental Health
in Educational
Settings**

THE REASON? INDIA'S MENTAL HEALTH ECOSYSTEM FACES CRITICAL GAPS



IMHS is that bridge, a vibrant, inclusive platform where professionals come together to:

- Bring together psychologists, psychiatrists, counselors, educators, researchers, advocates, and students
- Build a collaborative and future-forward mental health community
- Amplify voices of underrepresented practitioners
- Share grounded, India-specific insights and solutions
- Influence policy, education, and public understanding of mental health
- Peer learning, updated research and cross-sector collaboration
- Community-building



Plastic surgeon Dr Sanjay Pandey, Founder of Disha Counseling Centre Samindara Sawant, Founder of Life Hetu Puneet Pandey attending IMHS 2.0, November 2024

SO, HERE'S WHAT WE'RE HERE FOR



Our Vision

To unite, empower, and provide impetus to mental health professionals across India through collaboration, education, and innovation.

Our Mission

Build India's largest network of mental health professionals.
Facilitate knowledge-sharing through events, discussions, and collaborations.
Advocate for mental health awareness and policy changes.
Provide opportunities for professionals to grow, network, and impact society.

Our Values

Authenticity, Integrity, Innovation, Excellence, Impact

AND HERE'S WHO IS MAKING IT HAPPEN



Pritha Saha Dutta
MA Counseling Psychology,
Advanced Training in RECBT, AEI, NY,
Founder- Indian Mental Health Summit |
Amor Vitae Foundation | Change Catalyst



Ruchika Jain
(Co-organizer)
MSc. Counseling Psychology
M.S Marriage & Family Therapy
Founder- Well Prism



Khushboo Gupta Jain
(Advisor/ Mentor)
MA Psychology, PGD Counselling,
Gestalt Associate, MBA,
Ex-Citi, Ex- HSBC.



Geetika Dubey
(Advisor/ Mentor)
MTech Biomedical Engineer, VIT-
Vellore
Visiting Faculty IIP Indore, Miranda
House



Adv Aparajita Chandra
(Advisor/ Mentor)
B.A, LL.B.
Senior Legal Professional



CA Anita Chinnari
(Advisor/ Mentor)
FCA - CA Partner- Venu & Vinay



Adv Sangeeta Pal
(Advisor/ Mentor)
B.A, LL.M
Senior IPR Attorney



Lystra Vaz
(Volunteer)
MA Clinical Psychology
PGDM in Counselling Psychology



Naomi Jim
(Volunteer)
MA Applied Psychology
Speacialisation Counselling Psychology



Alisha D'abreo
(Volunteer)
MA Clinical Psychology



Teesha Dedhia
(Volunteer)
B.Sc Psychology



Pranoy Dutta
Co-Founder- Indian Mental Health Summit | Amor
Vitae Foundation

BUT, WHY SPONSOR A MENTAL HEALTH SUMMIT?



Struggling to engage a high-intent, hard-to-reach audience?

IMHS offers access to a captive, emotionally invested mental health community that cares deeply about impact



Facing difficulties in building thought leadership in well-being?

IMHS offers opportunities to co-create content, lead panels, and share ideas with industry leaders



Need to connect with younger, values-driven generations?

Partner with IMHS to build long-term emotional equity with Gen Alpha, Gen Z and Millennials through authentic association



Risk appearing performative in sensitive spaces?

IMHS enables aligning your brand with a credible, safe, purpose-driven platform that builds trust

BEFORE IT WAS A SUMMIT, IT WAS A FEELING



*“What started as an idea to create something communal has grown into a national platform, with over **400 participants**, **50+ panelists**, and **20+ sponsors** joining us at **IMHS 2024** in Mumbai. Along the way, we’ve hosted meetups in **four cities**, run **countless online and offline workshops**, and partnered with organisations like **Samarpan Rehabilitation Centre**, **Raptourus Minds**, **Therasoft**, **Life Hetu**, **Lighthouse Centre**, and **Disha Counseling Centre**.*

At the heart of it all is a simple belief: that mental health professionals thrive when they can connect, learn, and support one another. And when brands choose to stand with them, they become part of not just a moment, but a a lasting, meaningful movement.”

- Pritha Saha Dutta, Founder



IMHS 2.0, November 2024
The Beatle Hotel, Powai



Mumbai, March 2024
Veer Savarkar Hall, Dadar



IMHS 1.0, May 2024
Solitaire Corporate Park, Andheri East



Mumbai Meetup, Sep 2024
Baldota Bhavan, Churchgate



Mumbai Meetup, Feb 2024
Idhya Centre, Dadar



Bangalore Meetup, June 2025
The Coffee Brewery, Indiranagar



Mumbai Meetup, June 2025
Baldota Bhavan, Churchgate



Pune Meetup, June 2025
University Women's Association



Hyderabad Meetup, April 2025
Cohort Coworking, Kondapur



Mumbai Meetup, April 2025
Veer Savarkar Hall, Dadar

OUR WORK TIES BACK TO SOMETHING MUCH BIGGER



Associate with IMHS and put your beliefs into practice by addressing real, global agendas identified by the United Nations. Build trust with customers, employees, and partners and take back meaningful stories to share.



WHAT WE SPARK ON GROUND, ECHOES ONLINE



mid-day.com

Mumbai News Entertainment Celebrit

NEW Israel–Iran War NEW Ind Vs Eng Test Mid-Day Gold Bollywc

encapsulates the overall sentiment here.

Bridge gaps in mental health



Honourable Prince Manvendra Singh and Pritha Saha

The second edition of the Indian Mental Health Summit begins today in Powai. The event will feature five panel discussions and engaging activities. "We wanted to create an open dialogue between mental health professionals about pertinent topics," said founder Pritha Saha. Honourable Prince Manvendra Singh Gohil (inset, left) will be a panellist at the event. "I plan to approach sexual wellness as a balanced integration of physical and mental health, especially for marginalised communities," the Prince told us. To register, head to @indian-mentalhealthsummit2024.

Midday, Nov 2024

Outlook News

Announcing the Inaugural Indian Mental Health Summit: Elevating Minds, Empowering Futures



Get ready to mark your calendars for a groundbreaking event set to revolutionize the landscape of mental health awareness and

Outlook News, May 2024

India Pioneer

A Landmark Event: The Indian Mental Health Summit 2024



The Indian Mental Health Summit 2024, spearheaded by Pritha Saha Dutta and team, concluded with remarkable success, establishing itself as a pivotal gathering for the mental health community. This event brought together professionals and enthusiasts dedicated to mental

India Pioneer, May 2024

Indian Mental Health Summit to be held on 16th November at The Beattle Hotel, Powai, Mumbai



India Pioneer, Nov 2024

Farida Soni at Powai, Mumbai

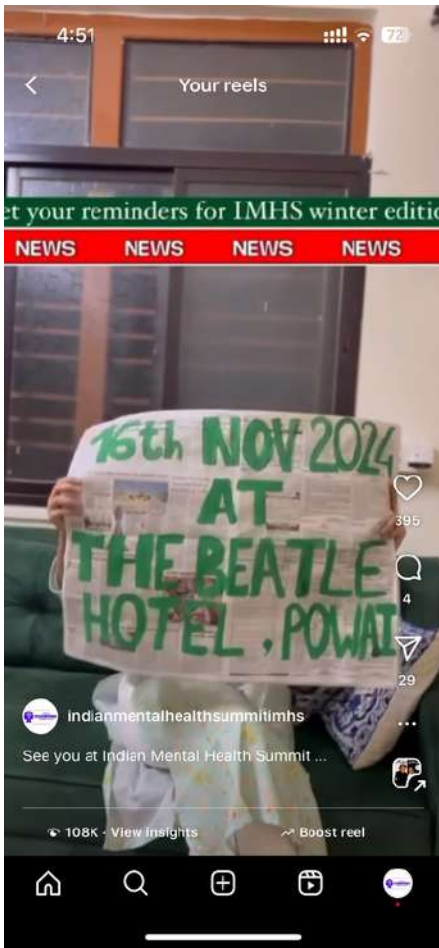
The Indian Mental Health Summit: A Resounding Success, Organised by renowned psychologists Pritha Saha Dutt, Purvi Shah, Jahnvi Agrawal, Bhakti Joshi & Farida Soni at Powai, Mumbai



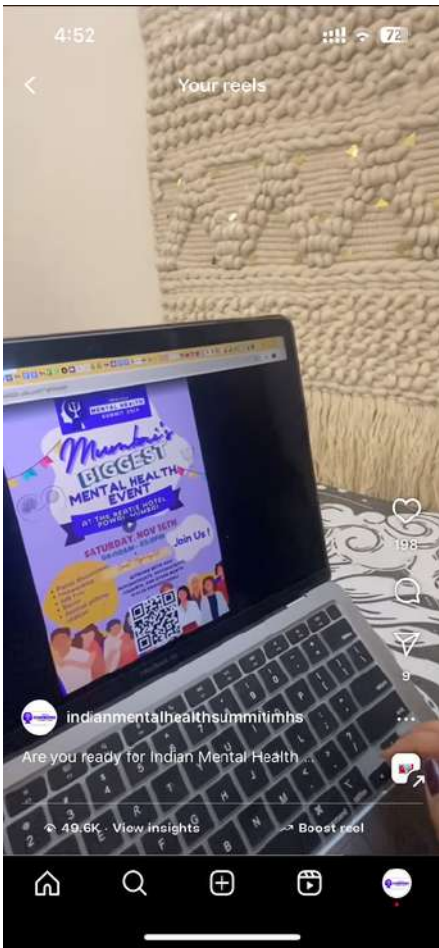
Hello Mumbai City Desk

Hello Mumbai News, Nov 2024
INDIAN MENTAL HEALTH SUMMIT

WHAT WE SPARK ON GROUND, ECHOES ONLINE



108 K Views



49.6K Views



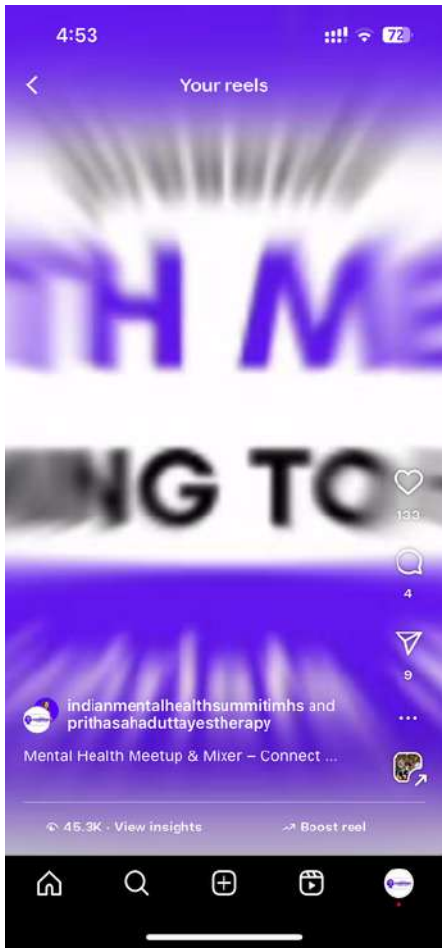
64.2K Views



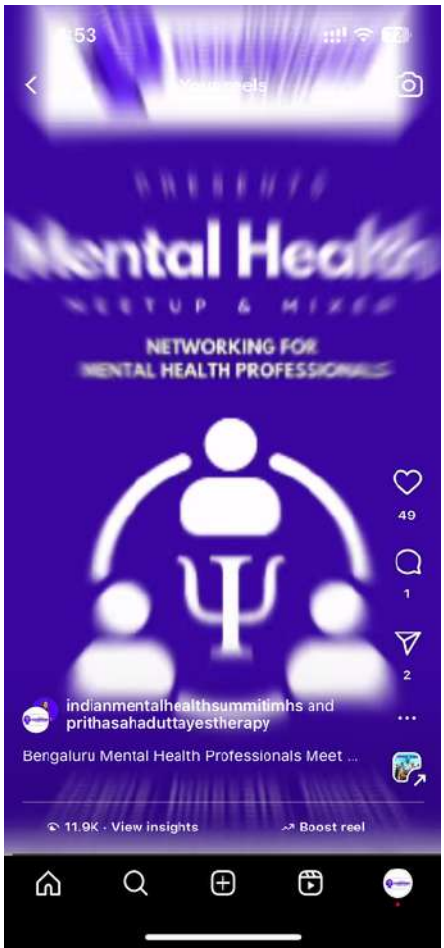
13.7K Views



54.5K Views



45.3K Views



11.9K Views

THANKS TO THE BRANDS THAT HELPED US GET HERE



Powered by



Gifting Partners



Media Partners



Community Partners



AND THOSE WHO LED THE DIALOGUE



Martin Peters
COO-Samarpan,
Certified Substance
Abuse Therapist, CBT
Therapist, Specialist
Addiction Counselor
and Advanced Certified
Relapse Prevention
Specialist, UK



Obi Unaka
Director of
Residential
Services, Samarpan,
Psychotherapist,
Addictions
Therapist, Clinical
Supervisor and
Trainer, UK



Dr Sanjay Pandey
MBBS, MS, MCh
(Urology), DNB
(Urology), Head
Reconstructive
Urology & Gender
Reassignment Surgery,
Kokilaben Hospital



Anju Kish
LLB, Founder &
CEO, UnTaboo |
Sexuality Educator |
POCSO Certified |
TEDx Speaker | Built
India's 1st Gamified
Sex Ed Platform



Dr.Taru Jindal
MS (Obst. & Gyn),
Founder Vaginismus
Program, TEDx
Speaker, Author,
Lactation consultant,
Co-director
@powerfulgyaan



Samindara Sawant
MA Clinical Psychology
Founder- Director Disha
Counseling Centre,
Mumbai
Author- Keep Going,



Dr.Malik Merchant
MBBS, DNB, DPM
Consulting Psychiatrist
at Prince Aly Khan
Hospital and Wockhardt
Hospital



Dr Sagar Mundada
MBBS, MD Psychiatrist,
De-Addiction Expert,
Sexologist, TEDx
Speaker



Dr. Armaan Pandey
MBBS, DPM, Founder of
Harmony Psychiatry
clinic, Schema therapist,
Sexuality Educator



Asira Chirmuley
Clinical Psychologist,
Founder of Atha,
Associate Fellow and Supervisor of
Rational Emotive and Cognitive Behavior
Therapy (RECBT) from Albert Ellis
Institute, CBT From Becks Institute and
ACT Practitioner



Dr Shyaam Mithiya
MBBS, DPM, MIPS,
Consultant
Neuropsychiatrist &
Sexologist



Dr Shefali Batra
MBBS, DPM, MD
(UCLS-USA),
Founder of Mind Frames,
Author of "Why Do I
Feel Sad"

MORE VOICES , DEEPER IMPACT



Puneet Pandey
MSc Artificial Intelligence
PG Diploma Machine Learning
& AI
Founder Life Hetu



Geetika Dubey
MTech Biomedical
Engineer, VIT-Vellore
Visiting Faculty IIP
Indore, Miranda House
Founder- Rapturous
Minds



Mr. Tarun Panda
Founder - Therapy
Software Private Limited



Adv Aparajita Chandra
B.A, LL.B.
Senior Legal Professional



CA Anita Chinnari
FCA - CA
Partner- Venu & Vinay



**Prince Manvendra
Singh Gohil**
Prince of Rajpipla
MD- Co-founder of Search Ends
Inclusion Impact
Founder- Lakshya Trust



Dr Wilona Annunciation
MBBS, MD Psychiatry,
MBA,
Founder of Catalyst Clinic



**Dr. Priyanka
Thakral Mahajan**
MRCPsych (UK), DNB
Psychiatry
DPM, MBBS



Dr. Tanuja Prem
PhD (Counselling and
Psychotherapy),
B.Ed in Autism
Spectrum Disorders



Dr. Kaneenica Ninawe
PhD. Psychology
KEM Hospital, Masina
Hospital and a Yoga Centre.



**Anuradha
Prabhudesai**
Counseling
Psychology
Co-founder - Disha
Counseling Center



Arun Naik
PhD (Counselling and
Psychotherapy),
B.Ed in Autism Spectrum
Disorders

EACH ONE ADDING CLARITY TO THE CONVERSATION



Ms. Gayatri Ayyer
MA Psychology
Play Therapy at University of
Central Missouri and Animal-
Assisted Therapy University of North
Texas
Founder - Pawsitive Synergies



Ms. Jaai Bapat
Counseling Psychologist
Co Founder - Pawsitive
Synergies



Mr. Nachiket Deshpande
MSC in Clinical and
Health psychology from
Bangor University, UK
Founder - DOGAAT



Dr. Vivek Belhekar
Ph.D. Associate Professor.
Personality Psychologist.
Conservation Psychologist (nature
& wildlife). Psychometrics. Data
Science (AI&ML). Text mining.
People Analytics.



Dr. Akshay S P, MBBS
Founder & CEO at Cydra Tech |
Partner and AI head at Xtransmatrix
| Organisational AI governance,
strategy & risk management | ISO AI
Management Systems Lead Auditor



Dr. Pratishtha Saxena
MBBS, DPM Psychiatry
Director & Chief Consultant-
Vijaya Clinic, Nagpur



Richa Vashista
Clinical Psychologist
Founder - Leher Mental Health



Raksha Rajesh
M.Phil - Clinical
Psychology



Aryan Somaiya
Psychotherapist
Co-founder - Guftagu
Counseling



Pooja Barwe
MA Clinical Psychology, PGD in
Forensic Science & related law
PGD in Forensic Psychology,
LLB



Mr. Umang Sheth
Activist
Founder - Hugging Club Of India



Rupert Sequeira
Tattoo Artist
Founder: White Lily
Tattoo Studio, Mumbai



Pallari Gajaria
Clinical Psychology
Founder - Pakhru
Counseling

AND MANY MORE VOICES SHARED THE MIC



Dr. Vatsal Suchak
MD, DNB Psychiatry
Founder- Dr. Vatsal Suchak's
Clinic



Dr. Pratishtha Saxena
MBBS, DPM Psychiatry
Director & Chief Consultant- Vijaya
Clinic, Nagpur



Sri Prabhav Paturi
MSc. Psychology, PGD
Diploma in CBT



Rupa Chaubal
Clinical and Counseling Psychologist
Founder - Antarleen Mental Health
President- Psychologist Collective



Janavi Doshi
Aff Von Humboldt
Foundation, Germany



Monit Sahni
Co-Founder - Power 8
Wellness



Adv Rahul Gautam
BA, LLB, MA (Pol Sc.)
MA (GL & LR)



Krupa Nishar
MSc Forensic Psychology
TEDx Speaker



Kajal Makwana
Counseling Psychologist
Founder- Giraffe Space



Neel Kanaujiya
Associated with Family
Planning Association of
India



Ms. Misba Shah
Clinical Psychologist
Director - ICHARS



Suchitra Inamdar
M.A Clinical Psychology
Founder: Ekavarta
Director- Aparā



Divya Shirvastava
Counseling Psychologist
Founder - Silver Lining Wellness



Devendra Naik
Founder - NOMOBO

WE'RE BUILDING THE PLATFORM, YOU CAN POWER IT FORWARD



PLATINUM	GOLD	SILVER	VENUE	COMMUNITY
• TITLE SPONSOR/ POWERED BY • 2 STALL BOOTHS • 2 BANNERS • 2 STANDEES • 3+ 3 DELEGATE PASSES	• CO- POWERED BY • 1 STALL BOOTHS • 1 BANNERS • 2 STANDEES • 2+ 3 DELEGATE PASSES	• PRESENTING PARTNER • 1 STALL BOOTHS • 1 BANNERS • 1+ 2 DELEGATE PASSES	• VENUE PARTNER • 2 STALL BOOTHS • 2 BANNERS • 2 STANDEES • 2+ 3 DELEGATE PASSES	• 1 STALL BOOTH • 1 STANDEE • 2 DELEGATE PASSES • 2 STANDEES, • 1 DELEGATE PASS • 1 STANDEE • 1 DELEGATE PASS • BROCHURE
15 L	10L	5L	VENUE	5K- 50K

AT IMHS, SPONSORSHIP TIERS GO BEYOND JUST LOGOS



TIERS

Powered By
Co-Powered By
Supporting Sponsor
Healthcare Partner
Community Partner
Venue Partner
Gifting Partner

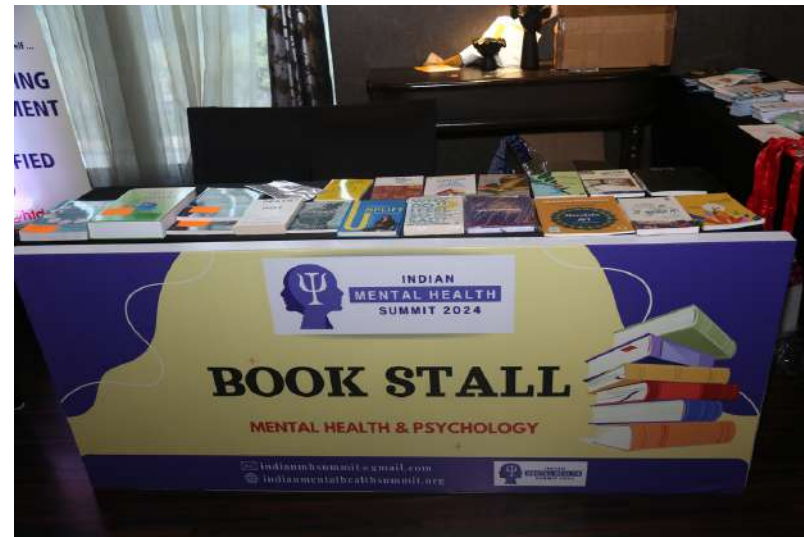
BENEFITS

Full branding across event & media, opening credits, full partnership integration
Shared branding on all platforms and stages
Logo presence, mentions, branding in selected platforms
Focused branding in health-related content and audience outreach
Showcase space + branding
Shared branding on all platforms and stages
Logo presence, mentions, branding in the event

NO GST; F&B INCLUSIVE

TOTAL BENEFITS WORTH INR 10 LAKHS & MORE

AT IMHS, SPONSORSHIP TIERS GO BEYOND JUST LOGOS



BUDGET ESTIMATES (2-DAY EVENT)



Category	Estimated Cost
Venue & Decor	₹3,50,000
Food & Beverages	₹14,40,000
Anchor, Photographer + Videographer	₹1,00,000
PR, Ads & Design	₹3,00,000
Presentation Logistics	₹1,00,000
Gifts & Collaterals	₹50,000
Miscellaneous	₹50,000
Total	₹23,90,000

COME BE PART OF THE NEXT CHAPTER

PRITHA SAHA DUTTA, FOUNDER: +91 8169977077

RUCHIKA JAIN, CO-ORGANISER: +91 83496 06016

Email us at: indianmhsummit@gmail.com

An Event by:



Organized By:

